

# MACH MARTIAL ARTS

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\*\*Specified classes are for those groups only\*\*

MON	TUE	WED	THU	FRI	SAT
3:30PM <b>LITTLE TIGER</b> BEGINNER U-7 (White ~ Orange/Purple)	3:30PM <b>LITTLE TIGER</b> INTERMEDIATE (Blue/Brown ~ Brown/Red)	3:30PM <b>LITTLE TIGER</b> BEGINNER U-7 (White ~ Orange/Purple)	3:30PM <b>LITTLE TIGER</b> INTERMEDIATE (Blue/Brown ~ Brown/Red)	3:30PM <b>LT BEG &amp; INT</b> (White ~ Brown/Red)	10:00AM <b>LT BEG &amp; INT</b> (White ~ Brown/Red)
4:10PM <b>LITTLE TIGER</b> INTERMEDIATE (Blue/Brown ~ Brown/Red)	4:10PM <b>INTERMEDIATE</b> (Orange ~ Purple)	4:10PM <b>LITTLE TIGER</b> INTERMEDIATE (Blue/Brown ~ Brown/Red)	4:10PM <b>INTERMEDIATE</b> (Orange ~ Purple)	4:10PM <b>MIXED</b>	10:45AM <b>MIXED</b>
4:50PM <b>BEGINNER</b> Over 8 Years Old (White ~ Yellow/Orange)	5:00PM <b>ADVANCED</b> (Brown ~ Black/White)	4:50PM <b>BEGINNER</b> Over 8 Years Old (White ~ Yellow/Orange)	5:00PM <b>ADVANCED</b> (Brown ~ Black/White)	5:00PM <b>BLACK BELTS</b> (1st Poom/Dan & Up)	11:30AM <b>BLACK BELT</b> (1st Poom/Dan & Up)
5:35PM <b>BLACK BELTS</b> U - 13 (1st Poom/Dan & Up)	5:45PM <b>LITTLE TIGER</b> BEGINNER U-7 (White ~ Orange/Purple)	5:35PM <b>BLACK BELTS</b> U - 13 (1st Poom/Dan & Up)	5:45PM <b>LITTLE TIGER</b> BEGINNER U-7 (White ~ Orange/Purple)	5:45PM <b>TEAM MACH</b> (Sparring HP 1 ~ 3)	12:15PM <b>TEAM MACH</b> (HP 1 ~ 3 Sport TKD)
6:20PM <b>INTERMEDIATE</b> (Orange ~ Purple)	6:25PM <b>BLACK BELTS</b> (1st Poom/Dan & Up)	6:20PM <b>INTERMEDIATE</b> (Orange ~ Purple)	6:25PM <b>BLACK BELTS</b> (1st Poom/Dan & Up)	6:45PM <b>TEAM MACH</b> (Demo & Tricking)	
7:05PM <b>ADVANCED</b> (Brown ~ Black/White)	7:10PM <b>BEGINNER</b> Over 8 Years Old (White ~ Yellow/Orange)	7:05PM <b>ADVANCED</b> (Brown ~ Black/White)	7:10PM <b>BEGINNER</b> Over 8 Years Old (White ~ Yellow/Orange)	<p>**Team Mach Classes are canceled on Fridays &amp; Saturdays on the Rank Promotion &amp; Event Weekends. Please check the Announcement Board**</p> <p>Rank Promotion Schedule:</p> <p>FRIDAYS 6:00PM Little Tigers Promotion 7:00PM White ~ Blue</p> <p>SATURDAYS 1:00PM Green &amp; Up (Bring ALL GEARS)</p>	
7:50PM <b>BLACK BELTS</b> 13 & Up (1st Poom/Dan & Up)	8:00PM <b>Pre-Black Belt</b> (Black/White - Black)	7:50PM <b>BLACK BELTS</b> 13 & Up (1st Poom/Dan & Up)	8:00PM <b>TEAM MACH</b> (Poomsae HP 1 ~ 3)		
8:40PM <b>TEAM MACH</b> (Poomsae HP 2~3)	8:45PM <b>TEAM MACH</b> (Sparring HP 2~3)	8:40PM <b>TEAM MACH</b> (Poomsae HP 2~3)	8:45PM <b>TEAM MACH</b> (Sparring HP 2~3)		

INSPIRING HEARTS AND MINDS!