



Mach Martial Arts Pleasanton On-Site Class

Starting July 22, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:30PM LITTLE TIGERS BEGINNER & INTERMEDIATE	4:00PM INTERMEDIATE ORANGE BELT BLUE BELT GREEN BELT PURPLE BELT	3:30PM LITTLE TIGERS BEGINNER & INTERMEDIATE	4:00PM INTERMEDIATE ORANGE BELT BLUE BELT GREEN BELT PURPLE BELT	4:00PM MIXED CLASS AND FAMILY
4:15PM BEGINNER (8 Years Old & Up) INTERMEDIATE ORANGE BELT BLUE BELT	4:45PM ADVANCED BROWN BELT RED BELT BEGINNER (8 Years Old & Up)	4:15PM BEGINNER (8 Years Old & Up) INTERMEDIATE ORANGE BELT BLUE BELT	4:45PM ADVANCED BROWN BELT RED BELT BEGINNER (8 Years Old & Up)	4:45PM INT/ADV ORANGE BELT BLUE BELT GREEN BELT PURPLE BELT
5:00PM INTERMEDIATE GREEN BELT PURPLE BELT ADVANCED BROWN BELT RED BELT	5:30PM SENIOR RED/BLACK STRIPE BLACK/WHITE STRIPE	5:00PM INTERMEDIATE GREEN BELT PURPLE BELT ADVANCED BROWN BELT RED BELT	5:30PM SENIOR RED/BLACK STRIPE BLACK/WHITE STRIPE	5:30PM ADV/SEN BROWN BELT RED BELT RED/BLACK STRIPE BLACK/WHITE STRIPE
5:45PM BLACK BELTS (12 Years Old & Under) MIXED CLASS (14 Years Old & Under)	6:15PM LITTLE TIGERS BEGINNER & INTERMEDIATE	5:45PM BLACK BELTS (12 Years Old & Under) MIXED CLASS (14 Years Old & Under)	6:15PM LITTLE TIGERS BEGINNER & INTERMEDIATE	6:15PM LITTLE TIGERS BEGINNER & INTERMEDIATE
6:30PM SENIOR RED/BLACK STRIPE BLACK/WHITE STRIPE	7:00PM MIXED CLASS (8 Years Old & Up) TEAM MACH Color Belts (Poomsae)	6:30PM SENIOR RED/BLACK STRIPE BLACK/WHITE STRIPE	7:00PM MIXED CLASS (8 Years Old & Up) Pre-Black Belt Black/White Stripes & Black Belts	7:00PM BLACK BELTS 1 st Poom/Dan & Up BEGINNER (8 Years Old & Up)
7:15PM BLACK BELTS (13 Years Old & Up) ADULT MIXED (15 Years Old & Up)	7:45PM BLACK BELTS 1 st Poom/Dan & Up	7:15PM BLACK BELTS (13 Years Old & Up) ADULT MIXED (15 Years Old & Up)	7:45PM BLACK BELTS 1 st Poom/Dan & Up	7:45PM TEAM MACH All Belts and Levels Recognized Poomsae Training
8:00PM TEAM MACH Black Belts Only Sport Taekwondo	8:30PM TEAM MACH Black Belts Only Poomsae Training	8:00PM TEAM MACH Black Belts Only Acrobatics & Free Style Training	8:30PM TEAM MACH Black Belts ONLY Competition Training	

Little Tigers (7 Years Old & Under) – LT White, LT White/Yellow, LT Yellow, LT Yellow/Orange, LT Orange/Purple, LT Blue/Brown, LT Green/Blue, LT Purple/Green, LT Brown/Red

Mondays 3:30, Tuesday 6:15, Wednesday 3:30, Thursday 6:15, Friday 6:15, Saturday 10:00

Beginner (8 Years Old & Over) – White, White/Yellow, Yellow, Yellow/Orange

Mondays 4:15, Tuesday 4:45 & 7:00, Wednesday 4:15, Thursday 4:45 & 7:00, Friday 7:00

MIXED CLASS – For all belts and all ranks at specified age

ADULT MIXED CLASS – For athletes 15 years old & older and for our hard-working moms and dads!