



2024 LEADERSHIP SEMINAR

LEADERSHIP
DISCIPLINE
INTEGRITY
CONFIDENCE



LEADERSHIP SEMINAR



Do you have what it takes to be a Leader?

“Leaders are the ones who run head first into the unknown. They rush toward the danger. They put their own interests aside to protect us or to pull us into the future. Leaders would sooner sacrifice what is theirs to save what is ours. And they would never sacrifice what is ours to save what is theirs. **This is what it means to be a leader.** It means they choose to go first into danger – head first toward the unknown – and when we feel sure they will keep us safe, we will march behind them and work tirelessly to see their visions come to life and proudly call ourselves their followers.” – Simon Sinek

DETAILS



4/20/2024 - Leadership 3 & 4 Only

FREMONT Seminar Times:

Leadership 3 - 8:00am ~ 9:45am

Leadership 4 - 10:00am ~ 11:45am

Location: Fremont Dojang

SEMINAR FEE: \$60

REGISTRATION DEADLINE: 4/18/2024

LEADERSHIP 1

Pre-requisite: Yellow Belt

Requirement for: Blue Belt

Seminar Topics: Learn what being a martial artist is about (mental/emotional confidence/discipline) – Basic Techniques, Basic Kicking, Basic Stances, Sparring Technique, Taekwondo Rules, Character Lessons

Upon Completion: Receive Leadership 1 Patch

LEADERSHIP 2

Pre-requisite: Level 1 & Orange Belt

Requirement for: Brown Belt

Seminar Topics: Learn how to train like a martial artist – Basics, Intermediate Kicking, Taeguk Poomsae, Sparring Techniques, Competition Rules, Class Assisting

Upon Completion: Receive Leadership 2 Patch

LEADERSHIP 3

Pre-requisite: Level 2 & Purple Belt

Requirement for: Red/Black Belt

Seminar Topics: Learn to compete – Test Assisting, Advanced Techniques, Advanced Kicking, Emotion Control, Decision Making, Taekwondo Rules, Sport Fitness

Upon Completion: Receive Leadership 3 Patch

LEADERSHIP 4

Pre-requisite: Level 3 & Red/Black Belt

Requirement for: Black Belt

Seminar Topics: Train to compete and train like a martial artist – Mastering Basics, Dynamic Kicking, Taeguk Poomsae, Black Belt Preparation, Black Belt in the Dojang, Black Belt in Life

Upon Completion: Receive Leadership 4 Patch



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Pre-requisite: Level 2 & Purple Belt

Requirement for: Red/Black Belt

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LEADERSHIP 4

Pre-requisite: Level 3 & Red/Black Belt

Requirement for: Black Belt

Seminar Topics: Train to compete and train like a martial artist – Mastering Basics, Dynamic Kicking, Taeguek Poomsae, Black Belt Preparation, Black Belt in the Dojang, Black Belt in Life

Upon Completion: Receive Leadership 4 Patch

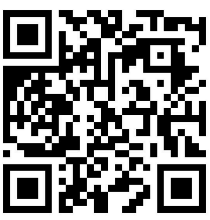
STUDENT NAME: _____

LEADERSHIP LEVEL (CIRCLE ONE): 3 OR 4

WAIVER OF LIABILITY:

I understand that MACH Martial Arts is only providing an opportunity to learn the advanced skills of Sport Taekwondo. In consideration for the privilege to participate in the training, I hereby agree to assume all risks and release and hold harmless MACH Martial Arts, it's staff, instructors, property owners, and any other affiliations having an interest in MACH Martial Arts schools from all liability, negligence, cause of action, claims, demands and damages of every kind that may arise out of participation in any and all activities during the training. I understand that not following orders and rules during the seminar given by the instructors and directors will lead to expulsion from the training camp.

GAURDIAN NAME: _____ GUARDIAN SIGNATURE: _____ DATE: _____



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DETAILS



4/20/2024 - Leadership 3 & 4 Only

PLEASANTON Seminar Times:

Leadership 3 - 1:00pm ~ 2:45pm

Leadership 4 - 3:00pm ~ 4:45pm

Location: Pleasanton Dojang

SEMINAR FEE: \$60

REGISTRATION DEADLINE: 4/18/2024

LEADERSHIP 1

Pre-requisite: Yellow Belt

Requirement for: Blue Belt

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Upon Completion: Receive Leadership 2 Patch

LEADERSHIP 3

Pre-requisite: Level 2 & Purple Belt

Requirement for: Red/Black Belt

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Upon Completion: Receive Leadership 3 Patch

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Pre-requisite: Level 3 & Red/Black Belt

Requirement for: Black Belt

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LOCATION: Pleasanton Dojang

REGISTRATION DEADLINE: 4/18/2024



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Pre-requisite: Level 2 & Purple Belt

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